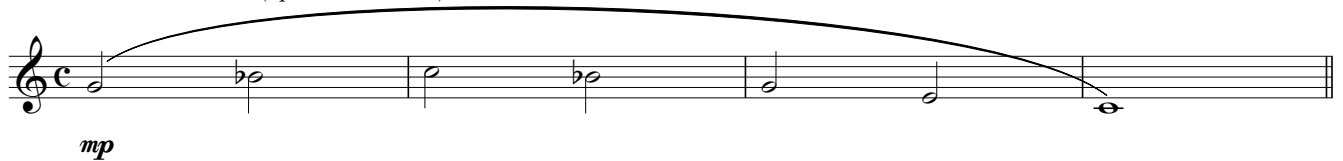


Flow

The goal in these exercises is to produce a resonant sound while moving air freely with as little effort as possible. Use a steady, continuous air stream to avoid accents or "landing" on notes. Employ the same *glissando* approach used in buzzing exercises. Take a full, relaxed breath over 1 or 2 beats. Change pitches by focusing the aperture while ascending and opening the aperture while descending. Avoid excess mouthpiece pressure and keep sound free, open and relaxed. Avoid notes beyond comfortable range.

1a. ♩ = 60

in F, E, Eb, D and Db (open harmonics)

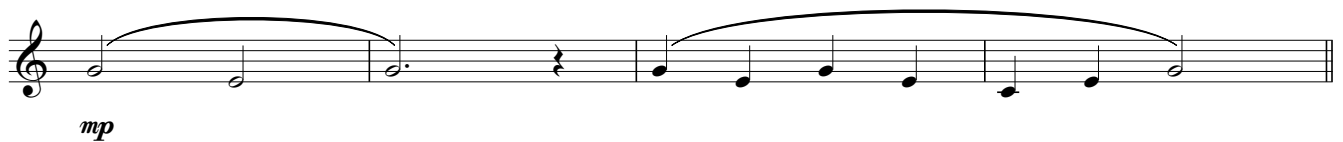


Musical notation for exercise 1a, showing a single melodic line in treble clef with a common time signature. The notes are F, E, Eb, D, and Db, connected by a long slur. The dynamic marking is *mp*.

1b. ♩ = 60

in F, E, Eb, D and Db (open F horn harmonics)

Teuber



Musical notation for exercise 1b, showing a single melodic line in treble clef with a common time signature. The notes are F, E, Eb, D, and Db, connected by a long slur. The dynamic marking is *mp*.

1c. ♩ = 60

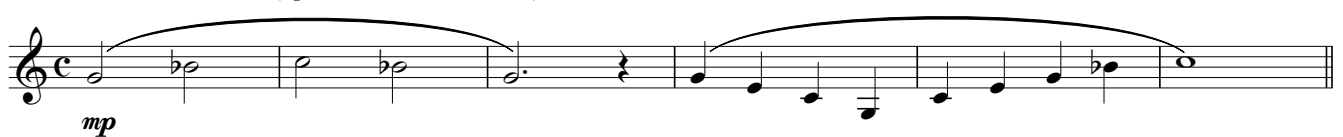
in Db, D, Eb, E and F (open F horn harmonics)



Musical notation for exercise 1c, showing a single melodic line in treble clef with a common time signature. The notes are Db, D, Eb, E, and F, connected by a long slur. The dynamic marking is *mp*.

1d. ♩ = 60

in Db, D, Eb, E and F (open F horn harmonics)



Musical notation for exercise 1d, showing a single melodic line in treble clef with a common time signature. The notes are Db, D, Eb, E, and F, connected by a long slur. The dynamic marking is *mp*.

2d. Advanced Flexi (Unmeasured)

in D \flat , D, E \flat , E, F, G \flat , G, A \flat , A and B \flat alto (open harmonics)

mp

3a. Beginner Lip Slur, ♩ = 120 - 176

in D \flat , D, E \flat , E, F, G \flat , G, A \flat , A and B \flat alto (open harmonics)

Farkas

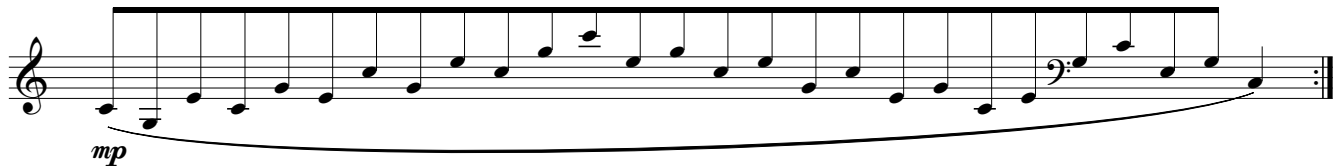
mp

3b. Advanced Lip Slur, ♩ = 100 - 152

Alternate between slurred and tongued. Keep air steady and change pitch by contracting/relaxing lips.

in D \flat , D, E \flat , E, F, G \flat , G, A \flat , A and B \flat alto (open harmonics)

Farkas

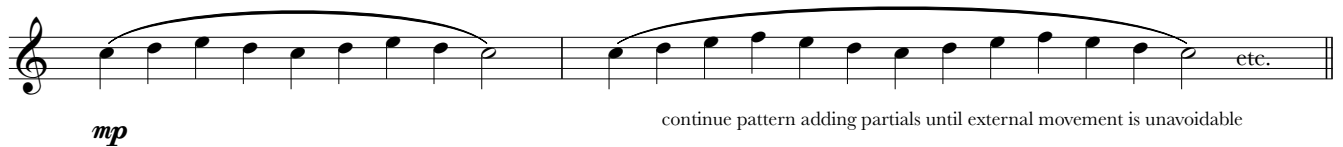


4. Spaghetti Machine: Very slowly in a free tempo

Air attack first notes. Make slur with inner embouchure only. External muscles should stay firm but motionless. Squeeze down on air stream with inner embouchure when ascending, relax when coming down. Think of producing a thinner air stream (spaghetti) when ascending, thicker when descending. Watch in a mirror; there should be virtually no external sign that the pitch is changing.

in F, E, E \flat , D and D \flat (open harmonics)

Kavalovski



5. Buddha Li Flexi, ♩ = 50 - 100

Play smoothly and relaxed with a pure sound. Straining or forcing negates any benefits. Start slowly.

Remington

The musical score consists of five staves of music, each beginning with a treble clef and a 12/8 time signature. The first staff starts with a mezzo-piano (*mp*) dynamic marking. The music is characterized by a series of eighth-note patterns, often grouped in pairs, and is accompanied by a sequence of chords indicated by letter codes below the notes. The chords are: F0, B23, F0, B23, F0, B23, F0, B23, and F0. The second staff features chords: F2, F0, F2, F0, F2, F0, F2, F0, and F2. The third staff features chords: F1, F2, F1, F2, F1, F2, F1, F2, and F1. The fourth staff features chords: F12, F1, F12, F1, F12, F1, F12, F1, and F12. The fifth staff features chords: F23, F12, F23, F12, F23, F12, F23, F12, and F23. Each staff concludes with a double bar line and a final chord symbol.